



**BOOKING FORM**  
**SUMMER CAMP 2018 residential & non-residential courses**

Dates/Centre	SUMMER CAMP	Please Tick		
Ardentinny 22 Jul – 27 Jul	Wet & Wild Watersports		<b>Sun- Fri Residential only</b>	£350.00
	Sea to Summit Mountain Adventures			
	Multi Activity Week		<b>Mon – Fri Non- Residential</b>	£210.00
Ardentinny 29 Jul – 3 <sup>rd</sup> Aug	Wet & Wild Watersports		<b>Sun- Fri Residential only</b>	£350.00
	Sea to Summit Mountain Adventures			
	Multi Activity Week		<b>Mon -Fri Non- Residential</b>	£210.00

Please complete the form and return by post to:  
 Actual Reality, Ardentinny, Dunoon, Argyll, PA23 8TR or fax to: 01369 810329

Name: Parent/Guardian/ Leader.....

Participants Name:..... (M/F)..... .DoB.....

Address.....

.....

.....

.....

.Tel: .....

**Returning Forms:**

Please make sure the following are returned to the centre:

- Booking Form
- Deposit payment (£60) or payment in full
- Travel arrangements slip
- Medical consent form

**RESIDENTIAL SUMMER CAMP**  
**Travel Arrangements**

Parents and guardians of the participants are more than welcome to bring children to the Centre at 4.00pm on the Sunday evening for registration. Please be advised that an evening meal will be available at 5.30pm

For children who require to be collected from the ferry terminal in Dunoon and transported to the Centre:

Pickups from the ferry (Dunoon side) can be arranged in advance

- 3.20 pm CAL MAC (Argyll Ferries) departing Gourock Ferry Terminal – (linked to Railway station) Parents should accompany their children over on the crossing
- 3.45 pm Pick-up from Dunoon Ferry Terminal by Centre minibus
- 4.00 pm Minibus travels to the Centre
- 4.30 pm Settle in at Centre

Participants will need to make their own travel arrangements to the Ferry terminal at Gourock.

From The Centre on Friday:

- 4.00 pm minibus departs from the Centre
- 4.30 pm arrival at Dunoon ferry terminal
- 4.50 pm CAL-MAC departs from Dunoon, Children should be met at the Dunoon side by parents for the crossing
- 5.10 pm Ferry arrives at Gourock Pier.

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**Please return this tear off slip along with Medical Consent Form**

Pick up and drop off slip – **Residential**

Child's name .....

Date of course ..... Centre .....

**I REQUIRE / DO NOT REQUIRE (delete as appropriate) my child to be picked up on Sunday from the ferry terminal and dropped off on Friday at the ferry terminal**

**NON-RESIDENTIAL SUMMER CAMP**  
**Travel Arrangements**

PLEASE READ THE FOLLOWING NOTES CAREFULLY.

Each child will be supplied at the start of the week with a set of waterproofs, Wellingtons and buoyancy aid that they will be responsible for.

Please make sure that your child brings a change of clothes, towel, packed lunch, drink, midge repellent and sun block on a daily basis in a suitable bag.

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Participants from Dunoon and surrounding area.

**Ardentenny Centre**

**Pick Up**

8.45am	Swing Park
8.50am	Swimming Pool
9.00am	Grammar School
9.10am	Sandbank Resource Centre

**Drop Off**

4.30 pm	Sandbank Resource Centre
4.40 pm	Grammar School
4.50 pm	Swimming Pool
5.00 pm	Swing Park

**Please ensure parent/guardian is at the appropriate drop off point in order to collect your children.**

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**Please return this tear off slip along with Medical Consent Form**

**Pick Up & Drop Off Slip – Non- Residential**

Child's name:.....

Date of  
Course.....Centre.....

Pick up Point.....

Drop Off  
Point.....

Name of person who will be collecting child at drop off  
point.....

# Medical Consent Form – MUST BE RETURNED

Participants Name:..... Dates of  
Visit:.....

I agree to my charge ..... (full name) taking part in the visit to the centre. I agree to his / her participation in all activities. I acknowledge the need for obedience and responsible behaviour on his / her part.

## Essential Information:

Date of Birth: .....

Does your charge suffer from any conditions requiring medical treatment? No  Yes

Please give details

.....  
.....

Is your charge allergic to any medication? No  Yes

Please give details

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.....

Is your charge allergic to any food or have any dietary requirements? No Yes

Please give any details

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Has your charge received a tetanus injection within the last 10 years? No Yes

Please give any information if your charge has been in contact or suffered from a contagious disease within the last 4 weeks?

Details.....  
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- If you do not wish your child to participate in an overnight camping session please tick Box
- From time to time we take photographs of groups on activity to promote the centres. If you do not wish your group to have their photo taken please tick box.

• I may be contacted by telephoning: .....(Day).....(Evening)

Address:.....  
.....

- If I am not available please contact:

Name:.....Tel:.....

Address:.....

- Family Doctor

- Name:

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Address:.....

Tel:.....

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Declaration:

I undertake to inform the Centre as soon as possible of any changes in medical circumstances. I agree to my charge receiving emergency medical treatment, including anaesthetic, as soon as considered necessary by the medical authorities present.

Signed:.....

Print:.....

## Actual Reality Summer Camp Kit List – Residential Courses -

The centre will provide all specialist clothing for activities. In addition warm fleece jackets, balaclavas and gloves can be provided, although sometimes it is more comfortable for you to bring your own if you have them.

Warm clothing even in summer is advisable. We recommend that you do not bring new clothes to the centre because they may end up damaged and will certainly get dirty if used on the activities. Denim fabric is not suitable for outdoor activities and should not be brought for that use.

### **It is helpful to put name-tags on all items of clothing**

Things to bring for a 6 day Summer Camp course

- 2 woolly jumpers or heavy sweatshirts
- 5 warm t-shirts
- 3 pairs of jogging bottoms / tracksuit bottoms
- hat and gloves
- 10 pairs of socks
- underwear
- old trainers that can get wet
- midge hood
- sun hat
- sun block
- Wellington boots (if you have them, otherwise we can supply)
- torch
- swimming costume
- lunch box and plastic water bottle

Additional clothing for indoors

- 2 medium towels
- night clothes
- toiletries
- shoes / trainers
- set of clothes for arrival/departure
- and an outfit for a possible Thursday night Disco

### THINGS NOT TO BRING TO THE CENTRE

Please do not bring electrical appliances (we can provide hair dryers) and please try to avoid team colours.